



Training for Trainers (T4T) Opportunity safeTALK...suicide alertness for everyone

Looking to bring greater awareness of suicide to your organization and/or community?

Interested in becoming a safeTALK Trainer?

Arizona Suicide Prevention Coalition, Inc. (AZSPC) is sponsoring an upcoming safeTALK Training for Trainers (T4T). We are committed to expanding our trainer network in AZ and beyond, while enhancing our capability to respond to the growing need and demand for suicide alertness training in the communities we serve. That means we need you!

safeTALK is a half-day alertness training that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTALK-trained helpers can recognize these invitations and take action by connecting them with life-saving intervention resources, such as caregivers trained in ASIST. As a safeTALK Trainer, you will help participants become better able to:

- Notice and respond to situations where suicide thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- Apply the TALK steps: Tell, Ask, Listen, and KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to them for further help

HOW TO DECIDE IF THIS IS RIGHT FOR YOU: Please **carefully review** webpage content including the **Essential Information for safeTALK Candidate Trainers/safeTALK T4T Info Sheet** for more information on eligibility criteria, considerations, and an overview of the T4T process: <https://livingworks-marketing-production.s3.amazonaws.com/safeTALK-T4T-information.pdf?mtime=20190621134926> ****IMPORTANT: candidates must have completed a 2 day ASIST workshop within the past 24 months.****

HOW TO APPLY: Please register online at: <https://legacy.livingworks.net/training-and-trainers/find-a-training-workshop/view/22290> using Voucher Code: **22148** by **10/10/2022**. Following registration, please submit payment (see box below). We encourage you to respond quickly, as space is limited to 10 participants. We will notify each applicant upon final candidate selection.



Date(s): October 11-12, 2022 (Tuesday and Wednesday)

Hours: 8:00 a.m.-5:00 p.m. each day, plus evening study on first day

** All candidates need to be available for both full days.*


Location: Desert Willow Conference Center, 4340 E Cotton Center Blvd, Phoenix, AZ 85040

Registration Fee: \$1,000 per candidate (Includes Trainer Kit and all materials, breakfast, lunch, and snacks. Any travel or lodging required is candidate's responsibility). We are able to offer this T4T at a significant discount comparable to national rates.

Payment types accepted: credit card, check, purchase order (Please make payable to: Arizona Suicide Prevention Coalition, Inc. and mail to: AZSPC, c/o Teen Lifeline, P.O. Box 10745, Phoenix, AZ 85064. Note: Please mark "safeTALK T4T" on check or PO memo.). Credit card payments or Questions? Contact Stacey at 602-418-5771 or stacey@gbump.com.



safeTALK is a program of
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THIS T4T is OPEN to other states; however, priority candidates are those serving Arizona. For more information, please email Instructor: heatherbrownaz@gmail.com.