*Labyrinth Resources:*

*Books:*

*Walking A Sacred Path: Dr. Lauren Artress*

This is your primer, a **must read** for context. Start with a strong foundation and then go to where your heart leads you next. There are many excellent books out there. I am always available for suggestions.

*Links:*

[*www.arizonalabyrinthconnections*](http://www.arizonalabyrinthconnections.com/)*.com*

*Arizona Labyrinth Connections is the spiritual and mindful practices arm of Psychotherapy Unlimited. It is full of resources and be sure to check out the Facebook page* [*www.facebook.com/arizonalabyrinthconnections*](https://www.facebook.com/Arizonalabyrinthconnections) *is full of all sorts of “wonderment.”*

[Www.amazon.com/author/drrobinbdilley](http://Www.amazon.com/author/drrobinbdilley) ***link to my books.***

[*Https://www.veriditas.org*](Https://www.veriditas.org)Teaching and educational arm of the Labyrinth movement. During Covid, their offerings have tripled. Finger walks every Friday, as well as both recorded and live events also available.

[*Https://labyrinthsociety.org*](https://labyrinthsociety.org/) *This is the main site, or you may join us on FB for free at* [*https://www.facebook.com/LabyrinthSociety*](https://www.facebook.com/LabyrinthSociety)*. Once you fall in love with the 1,000 of us there, join to support the movement. I am your Arizona Regional Representative. If you have questions, ask me.*

[*Https://www.labyrinthlocator.com*](Https://www.labyrinthlocator.com) *Go there put in your zip code and find a walking Labyrinth near you. Traveling? Put in zip code and walk a Labyrinth on your trip.*

[*https://www.labyrinthos.net*](https://www.labyrinthos.net) *Jeff and Kimberly Saward provide bountiful educational and historical research at this site*

[*https://labyrinthmusic.com/phil/jewitt/Labyrinth-Jewitt.htm#\_ftn2*](https://labyrinthmusic.com/phil/jewitt/Labyrinth-Jewitt.htm#_ftn2)

*Products:*

[*https://www.tonymchristie.com/product/labyrinth-wisdom-cards/*](https://www.tonymchristie.com/product/labyrinth-wisdom-cards/) *Lovely and energetic card set for direction and guidance.*

*Https:relax4life.com. Many finger labyrinths and the “intuit” mirror labyrinth*

*Apps for Devices:*

*Labyrinth Journey App*

*This plus hundreds of others can be found on Veriditas or Labyrinth Society’s website*